

HEAD TEMPLE DO AM SA in Warsaw

KYOL CHE

WINTER 2013

FALENICA

ABOUT KYOL CHE

We have over 20 years of tradition in the organization of long, intensive retreats. The temple, together with a large garden and Zen Master Seung Sahn's Stupa, located in the vicinity of the forest, ensures the peace and quiet needed for meditation.

Kyol Che is a 90-day, intensive period of zen meditation, at the time of the Buddha traditionally held once a year during the summer monsoon. Zen Master Pai Chang introduced the custom of such a retreat also in winter. Those three months spent in silence are called "tight dharma." We are all attached to our situations, our circumstances, our opinion. Participation in Kyol Che is an excellent opportunity to exceed our conditions, releasing our opinions and achieving a clear mind, so that world peace is possible.

The minimum period of participation in this retreat is one week. During Kyol Che once a week there is Dharma Talk and twice a week individual interviews with the teacher. Practitioners every day go to a 40 minute walk to the nearby forest.

KYOL CHE SCHEDULE

January 20 – March 10

week 1	20.01 – 27.01	Arne Schaefer JDPSN
week 2	27.01 – 03.02	Bon Shim SSN
week 3	03.02 – 10.02	Ja An JDPSN
week 4	10.02 – 17.02	Muchak JDPSN
week 5	17.02 – 24.02	Muchak JDPSN
week 6	24.02 – 03.03	Bon Shim SSN
week 7	03.03 – 10.03	Wu Bong SSN



FEES in Euro

	non Members	Members	Dharma Teachers
whole KCH	860	715	635
1 month	590	470	410
1 week	150	125	115

REGISTRATION: kwanum@zen.pl, tel. 48 22 872 05 52

APPLICATION FORMS: <http://www.kwanumeurope.org/news.php?n=468>

PAYMENT: in the office or SWIFT CODE PBHKPLPK IBAN: PL06 1060 0076 0000 4045 2012 7067