

# Don't Know Mind

BY RICHARD SHROBE (ZM WU KWANG)

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"Don't-know mind" is our enlightened mind before ideas, opinions, or concepts arise to create suffering. Practicing with don't-know mind has long been a central theme of Korean Zen. In this book an American Zen Master in the Korean lineage brings the teaching to life by using stories of the Chinese and Korean Zen masters as jumping-off points for his own teaching. *Don't Know Mind* is a clear, direct and heartfelt presentation of Zen teaching applicable to anyone, both for formal practice and for all the rest of life.

"Wonderful! Wonderful! But too many words! How do you attain the point of these many words and speech? Go to the kitchen and drink a glass of cold water!" — Dae Soen Sa Nim Seung Sahn

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## An Extract from "Don't Know Mind"

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I remember many years ago when I was a music student in a conservatory, I walked into a concert hall where a pianist was rehearsing. He was playing quite well, but at that time I tended to be critical of everybody and everything. I started thinking (probably motivated by my envy of how well he was playing) "His technique is a little shoddy, his phrasing could be a little better."

I had begun to study Eastern philosophy by that time and I began to ask myself, "Why can't you just feel that you are playing through him?" When I had that reminder, all the criticalness — ptchh — dropped away for the time being and I just appreciated his music as an expression of giving — he was giving, I was giving, everybody was giving.